

## Youth Engagement in IBD: HELLESCC Involving Initiatives

As an association we always have as a basic principle the representation of patients from the whole age spectrum. However, we show special awareness in attracting and engaging young IBD patients within our association.

Throughout the years, we have undertaken various initiatives related to young people with IBD, including children with IBD, as well as actions related to transition care.

We have recently started a youth group in our association with the participation of young patients with IBD!

We want to listen to them, take their suggestions into consideration, and adopt some of them and give them the step to express themselves freely through the association.

Furthermore, we aim to attract young IBD patients through social media, since these platforms are tools that young people use every day. They, in turn, can help raise awareness about IBD, actively participating in the club and volunteering.



It would also be a good idea to give them a platform to express on issues concerning young IBD patients and help young people better navigate their IBD journey.

It is essential for young patients to take an active role in patient associations, and we are committed to supporting them in every possible way!

We invite you to visit our posts [on Facebook](#) and [our website](#), so you can help us to attract more young Greek IBD patients to join us!