

JOIN  
THE  
FIGHT  
AGAINST  
IBD

# PRESS KIT

February 15th BCN

**CLÍNICA**  
BARCELONA  
Hospital Universitari



## The Inflammatory Bowel Disease Unit at Hospital Clínic

The IBD Unit at **Hospital Clínic** is considered a reference center for research and treatment of patients with inflammatory bowel disease (Crohn's disease and ulcerative colitis) internationally. The **Inflammatory Bowel Disease Unit** offers patients **comprehensive health care excellence** through the coordinated action of its healthcare professionals who have extensive experience in their respective areas of expertise. Specialized gastroenterologists and nurses play a coordinating role, and together with surgeons, radiologists, and pathologists form the core of the unit. Other specialists, including rheumatologists, dermatologists, obstetricians, gynecologists, etc. serve the specific needs of the Unit's patients.

The Inflammatory Bowel Disease Unit at Hospital Clínic, under the leadership of Dr. Julian Panes, has made great contributions in the field of research to open new prospects in both diagnostic techniques and treatment of inflammatory bowel disease. The most recent include the adaptation of MRI to the study of Crohn's disease, which not only avoids the need to perform a colonoscopy in many cases but provides additional and more complete (presence of complications) information, thus contributing to optimize patient management. In the therapeutic area, the Unit maintains an active program of hematopoietic stem cell transplantation in patients with Crohn's disease who are refractory to the medical treatments available. This treatment has dramatically changed the course of the disease of a significant number of patients, and has consequently improved the patient's quality of life.

For more information: <http://www.hospitalclinic.org/>

### About the hospital

Hospital Clínic of Barcelona Group ([www.hospitalclinic.org](http://www.hospitalclinic.org)) is a health organization with a long tradition of leadership and innovation in health care, teaching and research in the fields of medicine and the life sciences.

Today, Hospital Clínic combines the best medical care with a forward-looking management dedicated to maintaining our leading-edge position. Organization into medical institutes and centres offers patients more efficient health care and new, improved medical, pharmacological, and therapeutic products using cutting-edge technologies.

Innovation is facilitated by multidisciplinary groups which allow a joint approach to diseases by consultants and senior physicians across all specialties with the objective of providing personalized, tailor-cut patient-centred care.



# JOIN THE FIGHT AGAINST IBD



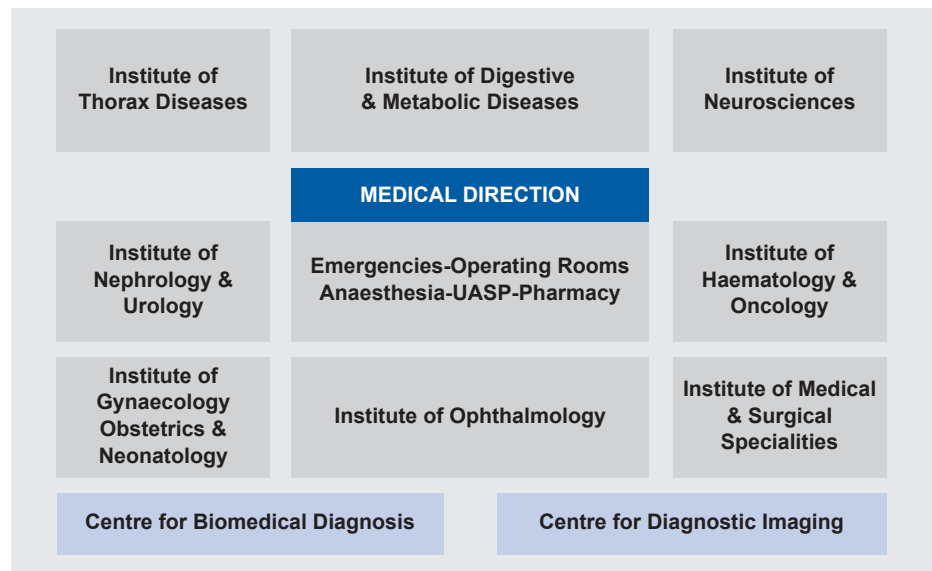
Hospital Clinic has 373 people dedicated to basic research and 700 physicians who combine research with their clinical duties. The result is a teaching hospital and university faculty that is recognized as the leading Spanish clinical research centre and the tenth most prolific clinical research hospital in Europe.

## Basic Premises

Clinical Management, that transfers power and responsibility to where the knowledge stems from, that is to doctors and nurses.

Patient Orientation, which means health care departments and resources should be organized to best serve patients.

Process reengineering, with focuses on an overall analysis that takes into account strategy, organizational model or processes, and information systems.



**Research and Innovation** as a strategic priority. The critical spirit of the research is key to achieving the highest quality patient care:

- *Fundació Clínic per la Recerca Biomèdica*. 1st in Spain.
- *Institut d'Investigacions Biomèdiques August Pi i Sunyer*, Consortium with the Catalan Government, the University of Barcelona and the Scientific Research Council. 1st accredited Health Care Research Institute in Spain.
- Sabbaticals.
- Post-residency one year research training.
- Director of Innovation.

